

# March 2017

# Balanced Energy Studios

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM BEG YOGA	2 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 7:15 PM BEG YOGA	3 7:45 AM YOGA 9:00 AM REFORMER 10:00 AM REFORMER	4 9:00 AM BEG YOGA 2:00 PM -4:00 PM CLEAN & GREEN USING doTERRA
5 5:00 PM REFORMER 6:00 PM REFORMER 7:15 PM YOGA	6 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM KUNDALINI YOGA	7 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 6:00 PM REFORMER 7:15 PM YOGA	8 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM BEG YOGA	9 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 7:15 PM BEG YOGA	10 7:45 AM \$5 YOGA 9:00 AM REFORMER 10:00 AM REFORMER	11 9:00 AM BEG YOGA 4:00 PM -5:00 PM SOUND MEDITATION
12 5:00 PM REFORMER 6:00 PM REFORMER 7:15 PM YOGA	13 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM KUNDALINI YOGA	14 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 6:00 PM REFORMER 7:15 PM YOGA	15 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM BEG YOGA	16 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 7:15 PM BEG YOGA	17 7:45 AM YOGA 9:00 AM REFORMER 10:00 AM REFORMER	18 MASSAGE DAY CALL TO SCHEDULE 9:00 AM BEG YOGA
19 5:00 PM REFORMER 6:00 PM REFORMER 7:15 PM YOGA	20 6:00 AM REFORMER 10:30 AM REFORMER 12:30 PM ITOVI SCANS 6:00 PM REFORMER 7:15 PM KUNDALINI YOGA	21 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 6:00 PM REFORMER 7:15 PM YOGA	22 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM BEG YOGA	23 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 6:30 PM -7:30 PM SOUND MEDITATION	24 7:45 AM YOGA 9:00 AM REFORMER 10:00 AM REFORMER	25 9:00 AM BEG YOGA 2:00 PM -4:00 PM doTERRA BUSINESS
26 5:00 PM REFORMER 6:00 PM REFORMER 7:15 PM YOGA	27 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM KUNDALINI YOGA	28 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 6:00 PM REFORMER 7:15 PM YOGA	29 6:00 AM REFORMER 10:30 AM REFORMER 6:00 PM REFORMER 7:15 PM BEG YOGA	30 6:00 AM REFORMER 9:30 AM REFORMER 10:30 AM CHAIR YOGA 7:15 PM BEG YOGA	31 7:45 AM YOGA 9:00 AM REFORMER 10:00 AM REFORMER	